




















<b>Birthcare</b>	<b>All the attention</b>	<b>Treat yourself</b>	<b>Maximum enjoyment</b>
standard insured birth care			
Ample office hours			
24/7 reachable			
Discussion of birth plan (30 minutes)			
Prepare and discuss birth plan (60 minutes)			
Additional consultation on request			
If desired, 2 midwives per pregnancy			

<b>Ultrasound</b>	<b>All the attention</b>	<b>Treat yourself</b>	<b>Maximum enjoyment</b>
Fun ultrasound before 13 weeks			
Fun ultrasound gender determination from 15 weeks			
Fun ultrasound 2D between 22 – 36 weeks			
Fun ultrasound 3D/4D between 25 – 28 weeks			
All medical ultrasounds			

Welcare	All the attention	Treat yourself	Maximum enjoyment
Consult coach at Belle Vie			
<b>Choose one of the following activities:</b>			
6 Yoga classes			
10 Pilates classes			
2 months MOM in Balance			
Pregnancy Massage 1x			
<b>Choose one of the following activities:</b>			
12 Yoga classes (9-10 lessons before delivery and 2 lessons afterwards)			
10 Pilates classes			
2 months MOM in Balance			
Pregnancy Massage 2x			
50% discount on the breastfeeding evening		