



















Birthcare	All the attention	Treat yourself	Maximum enjoyment
standard insured birth care			
Ample office hours			
24/7 reachable			
Discussion of birth plan (30 minutes)			
Prepare and discuss birth plan (60 minutes)			
Additional consultation on request			
If desired, 2 midwives per pregnancy			

Ultrasound	All the attention	Treat yourself	Maximum enjoyment
Fun ultrasound before 13 weeks			
Fun ultrasound gender determination from 15 weeks			
Fun ultrasound 2D between 22 – 36 weeks			
Fun ultrasound 3D/4D between 25 – 28 weeks			
All medical ultrasounds			

Welcare	All the attention	Treat yourself	Maximum enjoyment
Information meetings 6x			
Consult coach at Belle Vie			
Choose one of the following activities:			
6 Yoga classes			
10 Pilates classes			
2 months MOM in Balance			
Pregnancy Massage 1x			
Choose one of the following activities:			
10 Yoga classes			
10 Pilates classes			
2 months MOM in Balance			
Pregnancy Massage 2x			
50% discount on the breastfeeding evening		